



Inspire Project Programme Outline

Introduction

Gateway Community would like to introduce you to our Inspire Project programme outline and invite you to take time to be inspired by our vision for a more inclusive and proactive approach to learning for those who would normally find difficulty in accessing learning, community, peer support and enrichment, whilst improving skills that can enable them to function better and be more involved within society rather than being left behind.



Setup

- Inspire is a full wraparound service for adults with learning difficulties / disabilities, this includes physical disabilities and mental health difficulties.
- The aims of the Inspire project is to deliver training to enable the learners to improve lifestyle/skills, engage with the community or have employment / further training prospects.
- Gateway has a strong interest in environmental issues and raises awareness of this through the Inspire Project enabling our learners to play a part in environmental issues and working in and as part of the community, whilst improving their own social, wellbeing, educational and vocational skills.
- They would achieve this by attending training workshops and fully participating in the running and development of the Inspire shop & goods which are made from [recyclable](#), reusable donated items, or from sustainable craft materials.

We believe the Inspire project makes a massive difference giving people with very limited options greater potential to grow and become more involved in local issues and the community, [recent involvement in: [Heritage Project](#), Coproduction for Halton, COG meetings Catalyst Museum], whilst improving their own social, emotional, educational and employment skills. The programme benefits its clients by helping them to develop their personal skills and gain new opportunities and awards in a safe and caring environment.

The Inspire project is completely learner led, the goods we make, and shop sales are delivered/created completely by the learners with tutor support.

The sales for items made generate income to help fund some project equipment and materials so they can make more. It also gives the learners a sense of purpose and goals to work towards, providing them with opportunity

DAD day 2023



to gain /improve employment skills, communication skills, Maths, English and engaging within the community through local events, [we regularly attend -DAD -Disability Awareness Days & support Halton SEND Parent Carers Forum]. Further to this, learners have the opportunity to experience different aspects of being in a working environment from office skills to practical development and sales. Thus, offering them a range of skills and interests.



Halton SEND Parent Carers Forum event.

Inspire Shop Project

The Inspire shop sits within the Inspire Project and is a mini enterprise that is fully run by the learners themselves. It is focused on upcycling and creating new furniture and creative items that can then be sold to generate money to be put back into the project. This will have an eco-edge and will give opportunity for the learning group to consider, research and discuss ecological impact and climate change.

The learners experience all aspect of a business from gathering and obtaining items, re-designing them, creating, and producing new items using various creative techniques, sales, customer service, marketing using social media and other platforms, business administration, business skills and finance.

This then also provides learners with real options of not just further education and employment but also self-employment once they are ready to leave Gateway Community.



Derek Twigg MP and Cllr Andrea Wall Recently visited and showed support by purchasing some of our unique handmade items.

Learners Journey example:

- Learners start on programme and are initially assessed as to their current abilities and skills using a range of assessment tools.
 - Learner's programme of activities and learning is recorded on an ILP [individual learning plan] setting out activities and skills the client wants to achieve this is agreed by Gateway, client, and carer/support [if applicable]
 - Learners are reviewed every 6 weeks, the review will highlight achievements/ progress, it is also the learner's opportunity to add more areas which they would like to improve or further their skills and highlight areas they need more help with.
- [after the first review learners have the opportunity to choose if they want to complete the Gateway Award approved by mencap]*
- Learners will continue on the Inspire Project for as long or as short as they choose.



[we will involve parents, carers, support/ agencies as much as our learners want us to but we do encourage families and any support the learner has to fully engage with us as it is in the best interest of our learners.]

We encourage all of our learners to sample each area of the Inspire project, which consists of:

- Life Skills
- Emotional intelligence/ wellbeing
- Independent living skills
- Cooking
- Healthy eating
- Communication skills
- Vocational skills [see list below]
- Social skills
- Maths
- English [reading & writing]
- Computer skills
- Craft skills

As a wraparound service, we will also assist learners with appointments including arranging them, raising issues they may be having with benefits, health, living conditions etc. [this list is not exhaustible]

We can also offer a 1-1 support service, within the Inspire Project, if a learner requires 1-1 support **[additional costs will apply]**

In addition to this a PA from Gateway can attend appointments etc... with learners if required **[additional costs will apply]**

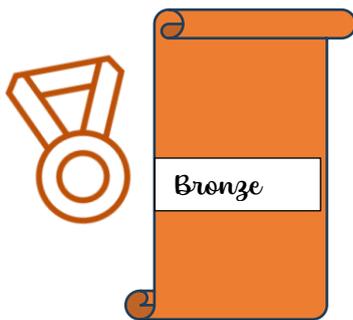
Vocational areas

- Business Administration
- Customer Service
- Sales
- Budgeting
- Creative techniques/production



Easy read link

[Gateway Awards](#) [approved by mencap]

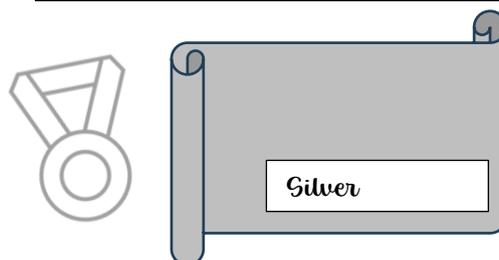
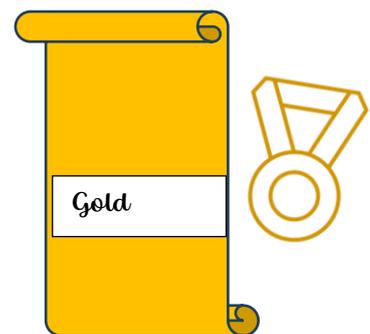


How to complete the Gateway Award

There are three levels to the award; Bronze, Silver and Gold. Each level has five different sections to complete:

- Hobbies
- Fitness
- Volunteering
- Lifestyle
- The Gateway Challenge

Participants receive a certificate and a medal when they complete each level.



English – We work up to level 2 abilities including with non-verbal, non-readers /non- writers.

Maths – we start at the basics right up to level 2 abilities, and use functional /practical skills, through cooking, measuring, personal budgeting etc.

ICT – basic computer programmes i.e. word, power point moving up to excel, spreadsheets /data sheets, photo/video editing. We will also cover safe use of apps etc...



Life/softer skills

- Wellbeing

- We offer all our clients 1-1 mentoring sessions in which they can express, explore, and develop emotional understanding. We will use various techniques to achieve this, for example but not exclusively, Cognitive Behaviour Therapy, Neuro Linguistic Programming, Emotional Intelligence Coaching, Mentoring and Counselling.



- Personal health

- We have developed workshops to raise awareness of personal health and hygiene and the importance of it. Learners will over several weeks learn all aspects of a daily routine in personal care and the benefits to their health and social interactions.

- Cooking/home skills (includes personal budgeting skills)

- We will teach clients the importance of taking care of the home and teach independent living skills giving understanding of utility requirements and maintaining payments, this will also include personal budgeting skills.



We will teach basic cooking methods to create simple but nutritious meals. This can include shopping skills where clients will visit local retail outlets to buy produce.

Whilst on programme clients will plan and prepare their own breakfast and lunch time meals as a group.



- Team building/ Social Skills

- We have developed workshops to aid in encouraging teamwork, showing the importance of a helping hand, this will follow through the whole project.
- Learners are encouraged to socialise in a variety of ways example: board & computer games, cards, karaoke, discussions, visits, walks in the local area, days out, events etc...

- **Communication**
 - o Learners will throughout the project gain an understanding of all forms of communication and the correct ways to use them, we have also developed workshops specific to different areas of communication for learners to gain the skills and how to use them effectively.
- **Behaviour/Attitudes**
 - o We understand that all our learners are individuals. We will teach the learners to embrace their own personality traits, workshops are designed with emotional intelligence at the heart of them. They will enable the learners to gain a better understanding of themselves and how to present themselves to the wider community so they in turn have a better understanding of all differences within themselves and others, in turn helping to change others understanding
 - o We will also work with parents, carers/ family to help with difficulties at home, we will create tools / techniques to enable a more mutual understanding of everyone's needs, differences and understanding.

Future outcomes

- All clients will have opportunity to work towards and gain Gateway Awards after the start of their journey onwards.
- All clients will have opportunity to improve their life/softer skills throughout their time with Gateway Community
- All clients will gain more independence through their learning activities and experiences with Gateway Community
- All clients will have an individual learning plan that is specifically written to consider their individual needs and aspirations.
- All clients will play an active part of the Inspire project, which will give real life experience working within a business, but within a safe caring environment.
- Some clients will when ready and with support from Gateway Community staff, progress into further training, volunteering, employment etc...



Length of programme:

Client programmes are not time specific but are determined by client choice, needs and requirements.

Funding:

The Inspire project is funded through the learners own Direct Payments [speak to social worker if not receiving DP and ask for an assessment]

Further information:

On occasions we do have some funded places on Inspire which we will advertise on our social media platforms

<https://www.gatewaycommunity.co.uk/> <https://www.facebook.com/GWC17/>

Conclusion

We believe and hope here at Gateway Community that in offering this opportunity we help to build a more inclusive and acceptable work environment for all, providing opportunity where there is little, providing a greater social opportunity and interaction for those who need it, providing achievable goals for those who would like the opportunity to achieve, to provide basic life skills to encourage further independence where possible, and to provide an emotionally safe place to learn, grow and be yourself.

Gateway Community hope to further inspire the local and wider communities by holding events [craft fairs/exhibitions/open days] where our clients' hard work and achievements can be admired and built upon with possible future community support being sought and gained.

Footnote

Equality and fairness are central to our work. Gateway Communities Policy requires all learners to have equal opportunity. We are committed to making sure that:

learners with a protected characteristic (as defined by the Equality Act 2010) are not, when they are undertaking one of our qualifications, disadvantaged in comparison to learners who do not share that characteristic

all learners achieve the recognition they deserve from undertaking a qualification and that this achievement can be compared fairly to the achievement of their peers.



Contact Information :

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like us @GWC17, where you will find our Parents Supporting Parents group please join for useful information and dates of meetings.

Inspire Group is a private group for learners only to share ideas and show off their creations.